

## VEGETARIAN STARTERS

1. **HOMMOS TAHINI** ⑤ **حمص** £14.00 / kg  
Chickpeas purée, **sesame seed paste (tahini)** garlic and lemon juice. Served with extra virgin olive oil.
2. **MOUTABAL (BABAGHANOJ)** ⑤ **متبل** £15.50 / kg  
Grilled aubergine, **sesame seed paste (tahini)** and garlic. Served with extra virgin olive oil and lemon juice.
3. **MOUTABAL RAHIB** **باذنجان الراهب** £15.50 / kg  
Grilled aubergine with tomatoes, red and green peppers, onions and garlic. Served with olive oil and lemon juice.
4. **LABNEH** ① **لبنه** £8.50 / kg  
Strained **yoghurt**. Served with extra virgin olive oil.
5. **WARAK INAB BIL-ZEIT** **ورق عنب بالزيت** £17.00 / kg  
Vine leaves stuffed with rice, tomatoes, mint, onions and fresh parsley.
6. **BAMYA BIL-ZEIT** **بامية بالزيت** £13.50 / kg  
Okra cooked in a tomato, onion and garlic sauce.
7. **LOUBYA BIL-ZEIT** **لوبية بالزيت** £13.50 / kg  
French beans cooked in a tomato, onion and garlic sauce.
8. **MOUSAKKA BIL ZEIT** **مصقعة بالزيت** £13.50 / kg  
Aubergine, chickpeas, red and yellow peppers cooked in a tomato, onion and garlic sauce.
9. **ARTICHOKE BIL ZEIT** **ارضي شوكي** £14.50 / kg  
Artichoke bottoms in a lemon, garlic and olive oil dressing.
10. **FALAFEL** ⑤ **فلافل** £0.75 / piece  
coriander, onion, garlic, **sesame seed** and spices.
11. **KIBBEH (VEGETABLE)** ⑥ **كبة خضار** £1.00 / piece  
Fried pumpkin' and **crushed wheat** balls stuffed with chickpeas and onions.
12. **FOUL MODAMMAS** **فول دمدمس** £10.00 / kg  
Boiled chickpeas and broad beans in a lemon, garlic and olive oil dressing.
13. **BATATA HARRAH** **بطاطا حرة** £12.00 / kg  
Sauteed potatoes, red and yellow peppers with fresh chilli, garlic and coriander.
14. **MOUJADARA** **مجدره** £11.50 / kg  
Lentil and rice dip.
15. **MAKALLY** **مقالي مشكله** £11.00 / kg  
Assortment of fried Mediterranean vegetables.
16. **MIXED PICKLES** **كبيس** £7.00 / kg  
Assortment of Arabic pickles and olives.
17. **MANAKISH ZAATAR LARGE** ⑤ ⑥ **مناقيش زعتر** £2.75 / piece  
Thyme and **sesame pizza**.

Some of our dishes have nuts contents, please check prior to ordering

18. **MANAKISH ZAATAR COCKTAIL** ⑤ ⑥ **زعتر كوكتيل** £1.00 / piece  
Mini thyme and **sesame pizza**.
19. **MANAKISH CHEESE** ⑥ ① **مناقيش جبنة** £3.50 / piece  
Halloumi **cheese pizza**.
20. **MANAKISH CHEESE COCKTAIL** **جبنة كوكتيل** £1.00/ piece  
Mini halloumi **cheese pizza**.
21. **FATAYER SPINACH** ⑥ ① **فطائر سبانخ** £1.00 / piece  
**Pastry** stuffed with fresh spinach, **pine kernels** and onions.
22. **COCKTAIL PIZZA** ⑥ ① **كوكتيل بيتزا** £1.00/ piece  
Mini **pizza** topped with Mediterranean vegetables and mozzarella **cheese**.
23. **SAMBOUSIK CHEESE** ⑥ **سمبوسك جبنة** £1.00 / piece  
**cheese** stuffed with **cheese**, mint and parsley.

## MEAT STARTERS

24. **LAHME BIL AJINE** ⑥ **لحم بعجين كبير** £3.75 / piece  
**LARGE COCKTAIL SIZE** £1.00 / piece  
Lebanese **pizza** topped with minced lamb, tomato, onions and peppers.
25. **ARAYIS ALWADI** ⑥ **عرايس الوادي** £5.00 / piece  
Minced lamb, parsley, onions and peppers grilled on Lebanese **bread**.
26. **SAMBOUSIK LAHME** ⑥ ① **سمبوسك لحم** £1.00 / piece  
Deep fried **pastry** stuffed with minced lamb, parsley and **pine kernels**.
27. **KUFTA NAYAH (RAW MEAT)** **كفتة نية** £18.99 / kg  
Fresh minced lamb with parsley, onions and delicately spiced.
28. **KIBBEH NAYAH (RAW MEAT)** ⑥ **كبة نية** £20.00 / kg  
Fresh minced lamb with **crushed wheat**, onions and delicately spiced.
29. **BASTURMA** **بسطرما** £45.00 / kg  
Air-dried and salted fillet of beef wrapped in garlic and spices.
30. **SUJUK** **سجق** £22.50 / kg  
Spicy Lebanese sausages fried.
31. **MAKANEK** ① **مفانق** £22.50 / kg  
Lebanese lamb sausages stuffed with **pine kernels**, fried with lemon juice.
32. **KIBBEH (MEAT)** ⑥ **كبة لحمه** £1.00 / piece  
Fresh minced lamb and **crushed wheat**, balls stuffed with minced lamb, onions and pine kernels.
33. **KIBBEH DAJAJ** ⑥ ① **كبة دجاج** £1.00 / piece  
Fried chicken and **crushed wheat**, balls stuffed with minced chicken, onions and **pistachio**.
34. **JAWANIH** **جوانح** £11.50/ kg  
Deep-fried or grilled chicken wings marinated in fresh coriander and garlic.

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## SOUPS (PER PORTION)

- |   |       |       |
|---|-------|-------|
|   | Small | Large |
| 35. <b>CHICKEN SOUP</b> <b>شوربة دجاج</b>                     | £3.50 | £6.00 |
| Chicken, tomato, onions.                                      |       |       |
| 36. <b>LENTIL SOUP</b> <b>شوربة عدس</b>                       | £3.50 | £6.00 |
| 37. <b>LENTIL SWISS CHARD SOUP</b> <b>شوربة العدس والخضار</b> | £3.50 | £6.00 |
| 38. <b>VEGETABLE SOUP</b> <b>شوربة الخضار</b>                 | £3.50 | £6.00 |
| (Lebanese vegetable soup) traditional mixed vegetable soup.   |       |       |

## SALADS

39. **TABOULEH** ⑥ **تبولة** £14.50 / kg  
Finely chopped parsley, tomatoes, onions and fresh mint mixed with **crushed wheat**, in a lemon and olive oil dressing.
40. **FATOUSH** ⑥ **فتوش** £11.50 / kg  
Mixed salad with fried **bread** and sumak, in a lemon and olive oil dressing.
41. **POTATO SALAD** **سلطة بطاطا** £10.00 / kg  
Boiled potatoes and fresh parsley in a lemon, garlic and olive oil dressing.
42. **CUCUMBER AND YOGHURT SALAD** **خيار ولبن** £10.00 / kg  
Chopped cucumber in yoghurt, garlic and mint.
43. **TOMATO SALAD** **سلطة بندورة** £12.00/ kg  
Tomatoes with chopped onions and sumak in a lemon, garlic and olive oil dressing.
44. **LEBANESE CABBAGE SALAD** **سلطة ملفوف** £15.00 / kg  
Cabbage in a lemon and olive oil dressing.

## RICE

45. **ASSORTED RICE** **الارز بأنواعه صحن** £3.50

**ALL OUR MEAT IS 100%**

**HALAL** حلال

36-37 UPPER BERKELEY STREET, LONDON W1H 5QF

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EMAIL: INFO@GREEN-VALLEY.CO  
WWW.GREEN-VALLEY.CO

## MAIN COURSES & STEWS

(MINIMUM ORDER 5 PEOPLE)

46. ROASTED WHOLE LAMB OR CHICKEN محشي خروف £300.00  
Served on a bed of basmati rice, with minced lamb **N** and garnished with **nuts**. (for 20 people & more)
47. HALF ROASTED LAMB OR CHICKEN نصف خروف محشي £170.00  
Lamb or chicken slices served on a bed of basmati rice, **N** with minced lamb and garnished with **nuts**.
48. GREEN VALLEY ROAST CHICKEN دجاج محمر £9.50 / piece  
Roasted chicken marinated in the Green Valley sauce.
49. LAMB CHOPS ريش غنم £14.00 pp  
Grilled and served with French fries.
50. SHAWARMA CHICKEN 6 شاورما الدجاج £13.00 pp  
Roasted thin slices of marinated chicken breast, garlic sauce, tomato, pickles wrapped in Lebanese **bread**.
51. SHAWARMA MEAT شاورما اللحم £13.00 pp  
Roasted thin slices of marinated prime lamb, **sesame seed paste (tahini)** sauce, onion, parsley, sweet pepper, tomato, pickles wrapped in Lebanese **bread**.
52. KUFTA BIL SENIYAH كفتة بالصينية £12.00 pp  
A bed of kofta topped with potatoes, onions and fresh tomatoes, oven-baked.
53. MAKAROUNA 6 معكرونة £11.00 pp  
**Spaghetti** served with minced meat and tomato sauce.
54. KABSSAH LAMB OR CHICKEN كبسة لحم او دجاج £11.00 pp  
Rice cooked with meat or chicken and carrots.
55. MIXED GRILL مشاوي مشكلة £. 14.50 pp  
Chicken, Kofta & lamb cubes. (3 skewers)
56. MOLOUKIAH ملوخية £12.00 pp  
Jews Mallow stew cooked with chicken and lamb.  
Served with rice.

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**HALAL** حلال

## DESSERTS

(FRESH ARABIC SWEETS, BAKLAWA, PASTRIES AND FRENCH GATEAUX ALWAYS AVAILABLE)

تتوفر لدينا تشكيلة من الحلويات العربية الطازجة البقلاوة المعجنات والكاتو الفرنسي

Further to the items on this menu we have a wide range of delicious Lebanese and Arabic cuisine to meet all your orders for all occasions.

Our menu includes Western and Arabic sweets ready on demand, a large variety of ice creams, fruit juices, Arabic and European grocery products, fresh fruits and vegetables as well as lamb, beef and poultry prepared daily in-store.

To complement, we bake Lebanese and Arabic bread and breakfast pastries daily in our traditional gas fired stone ovens. For nuts and coffee lovers, our in-store roastery can prepare just the right mix and flavours that you desire.

Please call us for more information and one of our staff members will be glad to help you.

اطلبو ما تشتهون من المأكولات اللبنانية العربية نلبي جميع طلباتكم لجميع المناسبات ونحن مستعدون لتوصيل الطلبات الى اماكنكم وكذلك يوجد لدينا جميع انواع الحلويات العربية جاهزة وبالطلب

بوظة مشكلة (ايس كريم)، عصير فواكه مشكل، البقالة العربية والاوربية، وتشكيلة الاجبان والالبان ويوجد ايضا جميع الخضار والفواكه وكذلك اللحم، ولحم الطيور الحلال، وايضا انواع عديدة من الخبز الذي يخبز يوميا في محلاتنا. ولمتذوق في القهوة البن المحمص طازج حسب رغبتكم

Allergen Note: All our dishes are prepared in a kitchen that handles and stores nuts.

- C** Celery / **G** Gluten / **CR** Crustaceans / **E** Eggs  
**F** Fish **L** Lupin / **D** Dairy / **MU** Mustard / **N** Nuts / **P** Peanuts  
**S** Sesame / **SO** Soya / **S** Sulphites / **Spicy**



ESTABLISHED LONDON 1986

## CATERING MENU

قائمة الطلبات

FOR ALL OCCASIONS & PARTIES  
(MINIMUM ORDER 10 PEOPLE)

لكل المناسبات والحفلات  
(عشر أشخاص كحد الأدنى للطلبات)

**ALL OUR MEAT IS 100%**

**HALAL** حلال

**020 7402 7385 / 020 7723 2545**

**HOME DELIVERY SERVICE**

**OPEN 7 DAYS A WEEK 8 AM TILL MIDNIGHT**

خدمة التوصيل إلى المنزل  
دوام ساعات العمل يوميا  
من الثامنة صباحاً إلى منتصف الليل

THE ORIGINAL LEBANESE FOODHALL

محل الأطعمة اللبنانية الأصل

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