

## VEGETARIAN STARTERS

1. **HOMMOS TAHINI** حمص £14.00 / kg  
Chickpeas purée, sesame seed paste (tahini) garlic and lemon juice. Served with extra virgin olive oil.
2. **MOUTABAL (BABAGHANOUJ)** متبل £15.50 / kg  
Grilled aubergine, tahini and garlic. Served with extra virgin olive oil and lemon juice.
3. **MOUTABAL RAHIB** باننجان الراهب £15.50 / kg  
Grilled aubergine with tomatoes, red and green peppers, onions and garlic. Served with olive oil and lemon juice.
4. **LABNEH** لبنه £7.50 / kg  
Strained yoghurt. Served with extra virgin olive oil.
5. **WARAK INAB BIL-ZEIT** ورق عنب بالزيت £17.50 / kg  
Vine leaves stuffed with rice, tomatoes, mint, onions and fresh parsley.
6. **BAMYA BIL-ZEIT** بامية بالزيت £13.50 / kg  
Okra cooked in a tomato, onion and garlic sauce.
7. **LOUBYA BIL-ZEIT** لوبية بالزيت £13.50 / kg  
French beans cooked in a tomato, onion and garlic sauce.
8. **MOUSAKKA BIL ZEIT** مصقعة بالزيت £13.50 / kg  
Aubergine, chickpeas, red and yellow peppers cooked in a tomato, onion and garlic sauce.
9. **ARTICHOKE BIL ZEIT** ارضي شوكي £14.00 / kg  
Artichoke bottoms in a lemon, garlic and olive oil dressing.
10. **FALAFEL** فلفل £0.75 / piece  
coriander, onion, garlic and spices.
11. **KIBBEH (VEGETABLE)** كبة خضار £0.90 / piece  
Fried pumpkin' and crushed wheat balls stuffed with chickpeas and onions.
12. **FOUL MODAMMAS** فول مدمس £10.00 / kg  
Boiled chickpeas and broad beans in a lemon, garlic and olive oil dressing.
13. **BATATA HARRAH** بطاطا حرة £12.00 / kg  
Sauteed potatoes, red and yellow peppers with fresh chilli, garlic and coriander.
14. **MOUJADARA** مجردة £11.50 / kg  
Lentil and rice dip.
15. **MAKALLY** مقالي مشكلة £11.00 / kg  
Assortment of fried Mediterranean vegetables.
16. **MIXED PICKLES** كبيس £7.50 / kg  
Assortment of Arabic pickles and olives.
17. **MANAKISH ZAATAR LARGE** مناقيش زعتر £1.75 / piece  
Thyme and sesame pizza.

Some of our dishes have nuts contents, please check prior to ordering

18. **MANAKISH ZAATAR COCKTAIL** زعتر كوكتيل £0.90/piece  
Mini thyme and sesame pizza.
19. **MANAKISH CHEESE** مناقيش جبنة £2.50 / piece  
Halloumi cheese pizza.
20. **MANAKISH CHEESE COCKTAIL** جبنة كوكتيل £0.90/piece  
Mini halloumi cheese pizza.
21. **FATAYER SPINACH** فطائر سبانخ £0.90 / piece  
Pastry stuffed with fresh spinach, pine kernels and onions.
22. **COCKTAIL PIZZA** كوكتيل بيتزا £0.90/ piece  
Mini pizza topped with Mediterranean vegetables and mozzarella cheese.
23. **SAMBOUSIK CHEESE** سمبوسك جبنة £0.90 / piece  
mint and parsley.

## MEAT STARTERS

24. **LAHME BIL AJINE** لحم بعجين كبير £2.75 / piece  
**LARGE COCKTAIL SIZE** كوكتيل £0.90 / piece  
Lebanese pizza topped with minced lamb, tomato, onions and peppers.
25. **ARAYIS ALWADI** عرايس الوادي £4.00 / piece  
Minced lamb, parsley, onions and peppers grilled on Lebanese bread.
26. **SAMBOUSIK LAHME** سمبوسك لحم £0.90 / piece  
Deep fried pastry stuffed with minced lamb, parsley and pine kernels.
27. **KUFTA NAYAH (RAW MEAT)** كفتة نية £17.99 / kg  
Fresh minced lamb with parsley, onions and delicately spiced.
28. **KIBBEH NAYAH (RAW MEAT)** كبة نية £20.00 / kg  
Fresh minced lamb with crushed wheat, onions and delicately spiced.
29. **BASTURMA** بسطرما £45.00 / kg  
Air-dried and salted fillet of beef wrapped in garlic and spices.
30. **SUJUK** سجق £22.50 / kg  
Spicy Lebanese sausages fried.
31. **MAKANEK** مقانق £22.50 / kg  
Lebanese lamb sausages stuffed with pine kernels, fried with lemon juice.
32. **KIBBEH (MEAT)** كبة لحم £0.90 / piece  
Fresh minced lamb and crushed wheat balls stuffed with minced lamb, onions and pine kernels.
33. **KIBBEH DAJAJ** كبة دجاج £0.90 / piece  
Fried chicken and crushed wheat balls stuffed with minced chicken, onions and pistachio.
34. **JAWANIH** جوانح £11.50/ kg  
Deep-fried or grilled chicken wings marinated in fresh coriander and garlic.

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## SOUPS (PER PORTION)

- |   |       |       |
|---|-------|-------|
|   | Small | Large |
| 35. <b>CHICKEN SOUP</b> شوربة دجاج                          | £3.50 | £6.00 |
| Chicken, tomato, onions.                                    |       |       |
| 36. <b>LENTIL SOUP</b> شوربة عدس                            | £3.50 | £6.00 |
| 37. <b>LENTIL SWISS CHARD SOUP</b> شوربة العدس والخضار      | £3.50 | £6.00 |
| 38. <b>VEGETABLE SOUP</b> شوربة الخضار                      | £3.50 | £6.00 |
| (Lebanese vegetable soup) traditional mixed vegetable soup. |       |       |

## SALADS

39. **TABOULEH** تبولة £14.00 / kg  
Finely chopped parsley, tomatoes, onions and fresh mint mixed with crushed wheat, in a lemon and olive oil dressing.
40. **FATOUSH** فتوش £11.50 / kg  
Mixed salad with fried bread and sumak, in a lemon and olive oil dressing.
41. **POTATO SALAD** سلطة بطاطا £10.00 / kg  
Boiled potatoes and fresh parsley in a lemon, garlic and olive oil dressing.
42. **CUCUMBER AND YOGHURT SALAD** خيار ولبن £10.00 / kg  
Chopped cucumber in yoghurt, garlic and mint.
43. **TOMATO SALAD** سلطة بندورة £12.00/ kg  
Tomatoes with chopped onions and sumak in a lemon, garlic and olive oil dressing.
44. **LEBANESE CABBAGE SALAD** سلطة ملفوف £15.00 / kg  
Cabbage in a lemon and olive oil dressing.

## RICE

45. **ASSORTED RICE** الارز بأنواعه صحن £3.50

ALL OUR MEAT IS 100%

HALAL حلال

36-37 UPPER BERKELEY STREET, LONDON W1H 5QP

T: 020 7402 7385/7723 2545 / F: 020 7723 7043

EMAIL: INFO@GREEN-VALLEY.CO  
WWW.GREEN-VALLEY.CO

## MAIN COURSES & STEWS

(MINIMUM ORDER 5 PEOPLE)

46. ROASTED WHOLE LAMB OR CHICKEN محشي خروف £280.00  
Served on a bed of basmati rice, with minced lamb and garnished with nuts. (for 20 people & more)
47. HALF ROASTED LAMB OR CHICKEN محشي نصف خروف £160.00  
Lamb or chicken slices served on a bed of basmati rice, with minced lamb and garnished with nuts.
48. GREEN VALLEY ROAST CHICKEN دجاج محمر £7.50 / piece  
Roasted chicken marinated in the Green Valley sauce.
49. LAMB CHOPS ريش غنم £12.00 pp  
Grilled and served with French fries.
50. SHAWARMA CHICKEN شاورما الدجاج £12.00 pp  
Roasted thin slices of marinated chicken breast, garlic sauce, tomato, pickles wrapped in Lebanese bread.
51. SHAWARMA MEAT شاورما اللحم £12.00 pp  
Roasted thin slices of marinated prime lamb, sesame oil sauce, onion, parsley, sweet pepper, tomato, pickles wrapped in Lebanese bread.
52. KUFTA BIL SENIYAH كفتة بالصينية £12.00 pp  
A bed of Kufta topped with potatoes, onions and fresh tomatoes, oven-baked.
53. MAKAROUNA معكرونه £9.50 pp  
Spaghetti served with minced meat and tomato sauce.
54. KABSSAH LAMB OR CHICKEN كبسة لحم او دجاج £11.00 pp
55. MIXED GRILL مشاوي مشكلة £.12.00 pp  
Chicken, Kofta & lamb cubes. (3 skewers)
56. MOLOUKIAH ملوخية £11.00 pp  
Jews Mallow stew cooked with chicken and lamb. Served with rice.

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**HALAL** حلال

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## DESSERTS

(FRESH ARABIC SWEETS, BAKLAWA, PASTRIES AND FRENCH GATEAUX ALWAYS AVAILABLE)

تتوفر لدينا تشكيلة من الحلويات العربية الطازجة  
البقلاوة المعجنات والكاتو الفرنسي

Further to the items on this menu we have a wide range of delicious Lebanese and Arabic cuisine to meet all your orders for all occasions. Our menu includes Western and Arabic sweets ready on demand, a large variety of ice creams, fruit juices, Arabic and European grocery products, fresh fruits and vegetables as well as lamb, beef and poultry prepared daily in-store.

To complement, we bake Lebanese and Arabic bread and breakfast pastries daily in our traditional gas fired stone ovens. For nuts and coffee lovers, our in-store roastery can prepare just the right mix and flavours that you desire.

Please call us for more information and one of our staff members will be glad to help you.

اطلبو ما تشتهون من المأكولات اللبنانية العربية  
نلبي جميع طلباتكم لجميع المناسبات ونحن مستعدون لتوصيل الطلبات  
الى اماكنكم وكذلك يوجد لدينا جميع انواع الحلويات العربية جاهزة  
وبالطلب

بوطة مشكلة (ايس كريم)، عصير فواكه مشكل، البقالة العربية  
والاوروبية، وتشكيلة الاجبان والألبان ويوجد ايضا جميع الخضار  
والفواكه وكذلك اللحوم، ولحم الطيور الحلال، وأيضا أنواع عديدة من  
الخبز الذي يخبز يوميا في محلاتنا. ولمتذوقي القهوة البن المحمص  
طازج حسب رغبتكم



ESTABLISHED LONDON 1986

## CATERING MENU

قائمة الطلبات

FOR ALL OCCASIONS & PARTIES  
(MINIMUM ORDER 10 PEOPLE)

لكل المناسبات والحفلات  
(عشر أشخاص كحد الأدنى للطلبات)

**ALL OUR MEAT IS 100%**

**HALAL** حلال

**020 7402 7385 / 020 7723 2545**  
**HOME DELIVERY SERVICE**

**OPEN 7 DAYS A WEEK 8 AM TILL MIDNIGHT**

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من الثامنة صباحاً إلى منتصف الليل

THE ORIGINAL LEBANESE FOODHALL  
محل الأطعمة اللبنانية الأصل

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